

When did the accident occur Date \_\_\_\_\_

Which were you Driver Front Passenger Rear Passenger Pedestrian \_\_\_\_\_

Your vehicle make and model Car Truck SUV \_\_\_\_\_

Vehicle that hit your Car Truck SUV \_\_\_\_\_

Occurred at Intersection Parking Lot Freeway Town \_\_\_\_\_

What direction were you headed Northbound Eastbound Westbound South \_\_\_\_\_

At impact, was your vehicle Parked Stopped Slowing \_\_\_\_\_

When Dawn Morning Afternoon Dusk Night \_\_\_\_\_

Driving conditions Normal Dry Stormy Wet Wind \_\_\_\_\_

Where was the impact Driver side Passenger side Front Rear \_\_\_\_\_

Did you hit another car or object after 1st impact No Another Car \_\_\_\_\_

Body hit the vehicle interior Head Face L / R Shoulder Chest L / R Knee \_\_\_\_\_

Where were you looking at time of impact Fwd Rear Left Right Up Down \_\_\_\_\_

Driver: which hands were on the steering wheel Both Right Left None \_\_\_\_\_

Driver: which foot was on the brake Right Left Both Neither \_\_\_\_\_

Head restraint position Middle High Low No Head Restraint \_\_\_\_\_

Air bag deployed None Steering Wheel Driver Side Passenger Side \_\_\_\_\_

Were you wearing a seat belt Yes No Child Restraint \_\_\_\_\_

What doors did not open Rear Hatch Trunk All doors opened freely  
Front Driver Side Front Passenger Rear Driver Side Rear Passenger Side \_\_\_\_\_

Hospitalized Abrazo West Banner Estrella Dignity Urgent Care  
Other \_\_\_\_\_

Treatment Medications X-Ray CT Scan Neck Braces Other: \_\_\_\_\_

Medications Ibuprofen Flexeril Oxycodone Percocet Tylenol Advil Aleve  
Other \_\_\_\_\_

Did you see your PCP When \_\_\_\_\_ Dr. \_\_\_\_\_

Home care done Over the Counter Meds Ice Heat Rest Avoid Activity  
Followed instructions of ER Followed instructions of PCP \_\_\_\_\_

Occupation \_\_\_\_\_ Missed Days: \_\_\_\_\_ Light Duty: Yes No

How did you feel before your accident No pain \_\_\_\_\_

Do you have any serious pre-existing neck or back conditions No Yes \_\_\_\_\_

Have you been in a previous car accident When \_\_\_\_\_ Never

Were you hurt Yes No Received medical care Yes No \_\_\_\_\_

Released pain free Yes No \_\_\_\_\_

Daily Habits Smoking 0 1 2 3 Alcohol 0 1 2 3 Exercise 0 1 2 3  
0 = none 1 = a little 2 = moderate 3 = a lot

Dominant Hand Left Right \_\_\_\_\_

### Circle Where You Are Having Symptoms

Neck Pain	Left / Right Arm Numb	Mid Back Pain
Low Back Pain	Left / Right Leg Numb	Left / Right Sciatica
Headache	Vertigo	Short Term Memory Loss
Left / Right Blurry Vision	Left / Right Ear Ringing	Left / Right Jaw Pain
Left / Right Shoulder Pain	Left / Right Elbow Pain	Left / Right Wrist Pain
Left / Right Hand Pain	Left / Right Arm Pain	Left / Right Arm Cuts/Bruise
Left / Right Hip Pain	Left / Right Knee Pain	Left / Right Ankle Pain
Left / Right Foot Pain	Left / Right Leg Pain	Left / Right Leg Cuts/Bruise
Left / Right Rib Pain	Chest Pain	Stomach Pain

Pain Level	3	4	5	6	7	8	9	10
Type	Aching	Sharp	Cramping	Radiating	Stiff	Spasm	Burning	Tight Tingling
Freq.	Constant	Frequent	Worse in Morning	Worse at night	Worse in Afternoon			

### Which Activities Aggravate Your Condition

Neck Movement	Driving	Lifting	Reaching
Back Movement	Sitting	Standing	Walking
House Chores	Yard Work	Bending	Sleeping
Using Restroom	Coughing	Sneezing	Sex
Other:			

### Circle Any Recent Change in the Following Functions

Concentration	Forgetfulness	Memory Loss	Fatigue
Weight Changes	Night Sweats	Convulsion	Fainting
Rash / Redness	Hair Change	Nail Change	Itching
Absence of Smell	Nose Pain	Nose Bleeds	Anxiety
Hearing Trouble	Ear Pain	Mood Swing	
Change in Taste	Mouth Sores	Mouth Bleeding	
Difficulty Breathing	Cough	Wheezing	
Heart Murmurs	Palpitations	Depression	
Swollen Arms	Swollen Legs	Blue Arms	Blue Legs
Appetite Change	Digestive Changes	Impotence	
Inability to Urinate	Frequent Urination	Painful Urination	
Heat Intolerance	Cold Intolerance	Tremors	

Females: Are you pregnant	Not Sure	Yes	No
Discharge of Breast	Breast Lump	Breast Red/Itching	Breast Pain
Irregular Menstruation	Vaginal Pain	Vaginal Bleeding	

Family Illness Father \_\_\_\_\_ Mother \_\_\_\_\_ Sibling \_\_\_\_\_

### Circle Any of the Following Disorders that Apply to You

Multiple Sclerosis	Scoliosis	Polio	Kidney	Heart Disease
High Blood Pressure	Cancer	Asthma	Ulcer	Hay Fever
Low Blood Pressure	HIV	Allergies	STD	Tuberculosis
Emotional Disorder	Epilepsy	Thyroid	Arthritis	Bone Fracture
Rheumatic Fever	Sinusitis	Diabetes	Prostate	Spinal Disc Disease

Surgeries and Medications \_\_\_\_\_

Name \_\_\_\_\_ Date \_\_\_\_\_  
# \_\_\_\_\_

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